

**EXHIBIT 5a--Mental Health Services Act Community Services and Supports Budget Worksheet**

County(ies): San Diego Fiscal Year: 2006-07  
 Program Workplan #: CY-6 Date: 2/28/06  
 Program Workplan Name: Early Childhood Mental Health Services Page: 1 of 6  
 Type of Funding: 2. System Development Months of Operation: 12  
 Proposed Total Client Capacity of Program/Service: 55 New Program/Service or Expansion: New  
 Existing Client Capacity of Program/Service: 0 Prepared by: Michelle Peterson  
 Client Capacity of Program/Service Expanded through MHSA: 55 Telephone Number: (619) 563-2715

|   | County Mental Health Department | Other Governmental Agencies | Community Mental Health Contract Providers | Total     |
|---|---------------------------------|-----------------------------|--|-----------|
| <b>A. Expenditures</b>  |                                 |                             |  |           |
| <b>1. Client, Family Member and Caregiver Support Expenditures</b>            |                                 |                             |  |           |
| a. Clothing, Food and Hygiene   |                                 |                             |  | \$0       |
| b. Travel and Transportation  |                                 |                             |  | \$0       |
| c. Housing  |                                 |                             |  |           |
| i. Master Leases  |                                 |                             |  | \$0       |
| ii. Subsidies   |                                 |                             |  | \$0       |
| iii. Vouchers   |                                 |                             |  | \$0       |
| iv. Other Housing   |                                 |                             |  | \$0       |
| d. Employment and Education Supports  |                                 |                             |  | \$0       |
| e. Other Support Expenditures (provide description in budget narrative)       |                                 |                             |  | \$0       |
| f. Total Support Expenditures   | \$0                             | \$0                         | \$0  | \$0       |
| <b>2. Personnel Expenditures</b>  |                                 |                             |  |           |
| a. Current Existing Personnel Expenditures (from Staffing Detail)             |                                 |                             |  | \$0       |
| b. New Additional Personnel Expenditures (from Staffing Detail)               |                                 |                             |  | \$0       |
| c. Employee Benefits  |                                 |                             |  | \$0       |
| d. Total Personnel Expenditures   | \$0                             | \$0                         | \$0  | \$0       |
| <b>3. Operating Expenditures</b>  |                                 |                             |  |           |
| a. Professional Services  |                                 |                             |  | \$0       |
| b. Translation and Interpreter Services                                       |                                 |                             |  | \$0       |
| c. Travel and Transportation  |                                 |                             |  | \$0       |
| d. General Office Expenditures  |                                 |                             |  | \$0       |
| e. Rent, Utilities and Equipment  |                                 |                             |  |           |
| f. Medication and Medical Supports  |                                 |                             |  | \$0       |
| g. Other Operating Expenses (provide description in budget narrative)         |                                 |                             |  | \$0       |
| h. Total Operating Expenditures   | \$0                             | \$0                         | \$0  | \$0       |
| <b>4. Program Management</b>  |                                 |                             |  |           |
| a. Existing Program Management  |                                 |                             |  | \$0       |
| b. New Program Management   |                                 |                             |  | \$0       |
| c. Total Program Management   |                                 | \$0                         | \$0  | \$0       |
| <b>5. Estimated Total Expenditures when service provider is not known</b>     | \$330,000                       |                             |  | \$330,000 |
| <b>6. Total Proposed Program Budget</b>                                       | \$330,000                       | \$0                         | \$0  | \$330,000 |
| <b>B. Revenues</b>  |                                 |                             |  |           |
| <b>1. Existing Revenues</b>   |                                 |                             |  |           |
| a. Medi-Cal (FFP only)  |                                 |                             |  | \$0       |
| b. Medicare/Patient Fees/Patient Insurance                                    |                                 |                             |  | \$0       |
| c. Realignment  |                                 |                             |  | \$0       |
| d. State General Funds  |                                 |                             |  | \$0       |
| e. County Funds   |                                 |                             |  | \$0       |
| f. Grants   |                                 |                             |  |           |
| g. Other Revenue  |                                 |                             |  | \$0       |
| h. Total Existing Revenues  | \$0                             | \$0                         | \$0  | \$0       |
| <b>2. New Revenues</b>  |                                 |                             |  |           |
| a. Medi-Cal (FFP only)  | \$16,500                        |                             |  | \$16,500  |
| b. Medicare/Patient Fees/Patient Insurance                                    |                                 |                             |  | \$0       |
| c. State General Funds  | \$13,500                        |                             |  | \$13,500  |
| d. Other Revenue  |                                 |                             |  | \$0       |
| e. Total New Revenue  | \$30,000                        | \$0                         | \$0  | \$30,000  |
| <b>3. Total Revenues</b>  | \$30,000                        | \$0                         | \$0  | \$30,000  |
| <b>C. One-Time CSS Funding Expenditures</b>                                   | \$146,653                       |                             |  | \$146,653 |
| <b>D. Total Funding Requirements</b>  | \$446,653                       | \$0                         | \$0  | \$446,653 |
| <b>E. Percent of Total Funding Requirements for Full Service Partnerships</b> |                                 |                             |  | 0.0%      |

**EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet**

|  |  |
|--|--|
| County(ies): <u>San Diego</u>  | Fiscal Year: <u>FY 06-07</u>                 |
| Program Workplan #: <u>CY-6</u>                                      | Date: <u>2/28/06</u>                         |
| Program Workplan Name: <u>Early Childhood Mental Health Services</u> | Page: <u>2 of 6</u>                          |
| Type of Funding: <u>2. System Development</u>                        | Months of Operation: <u>12</u>               |
| Proposed Total Client Capacity of Program/Service: <u>55</u>         | New Program/Service or Expansion: <u>New</u> |
| Existing Client Capacity of Program/Service: <u>0</u>                | Prepared by: <u>Michelle Peterson</u>        |
| Client Capacity of Program/Service Expanded through MHSA: <u>55</u>  | Telephone Number: <u>(619) 563-2715</u>      |

| Classification                       | Function   | Client, FM & CG FTEs <sup>a/</sup>                                   | Total Number of FTEs | Salary, Wages and Overtime per FTE <sup>b/</sup> | Total Salaries, Wages and Overtime |
|--------------------------------------|--|--|----------------------|--|------------------------------------|
| <b>A. Current Existing Positions</b> |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      | <b>Total Current Existing Positions</b>  | 0.00   | 0.00                 |  | \$0                                |
| <b>B. New Additional Positions</b>   | Mental Health Clinician, Licensed-Bilingual  | Provides Mental Health Services                                      | 1.00                 |  | \$0                                |
|                                      | Mental Health Clinician, License Eligible  | Provides Mental Health Services                                      | 1.50                 |  | \$0                                |
|                                      | Clerical & Other Support Staff   | Provides Clerical Support  | 0.50                 |  | \$0                                |
|                                      | Psychiatrist   | Psychiatric consultation and medication monitoring/support if needed | ~5-6 hrs/mo          |  | \$0                                |
|                                      | Please note the psychiatrist may be hired as a staff position or as a consultant which would be listed under professional services operating expenditures.                 |  |                      |  |                                    |
|                                      | These staff positions are a likely profile for this workplan. However, the contractor shall propose the specific staffing for this program to best meet the program goals. |  |                      |  |                                    |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      |  |  |                      |  | \$0                                |
|                                      | <b>Total New Additional Positions</b>  | 0.00   | 3.00                 |  | \$0                                |
| <b>C. Total Program Positions</b>    |  | 0.00   | 3.00                 |  | \$0                                |

a/ Enter the number of FTE positions that will be staffed with clients, family members or caregivers.  
b/ Include any bi-lingual pay supplements (if applicable). Round each amount to the nearest whole dollar.

**Mental Health Services Act CSS Budget Narrative**

County(ies): San Diego      Fiscal Year: 2006-07      Page: 3 of 6  
Program Workplan #: CY-6      Date: 02/28/06  
Program Workplan Name: Early Childhood Mental Health Services  
Type of Funding: 2. System Development      New Program/Service or Expansion: New

| <u>Line #</u> | <u>Amount</u> | <u>Description / Justification</u>   |
|---------------|---------------|--|
| A.5           | \$330,000     | Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for intensive outpatient services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2006 - June 30, 2007.  |
| B.2.a         | \$16,500      | If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.  |
| B.2.c         | \$13,500      | If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.  |
| B.2.e         | \$30,000      | Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.  |
| B.3           | \$30,000      | Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).   |
| C             | \$146,653     | One-Time CSS Funding Expenditures are the sum of the following:<br><br>One-time CSS funding for start-up and implementation expenditures for this program are equivalent to 6 weeks of service operations. Our County has used this method before with new programs and based on our past experience the equivalent of 6 weeks of funding seems to be a sufficient amount for Contractors to purchase most of the equipment and supplies needed for a new program. The majority of start-up funds are budgeted to purchase equipment such as computer hardware, software, cell phones, copier, fax, furniture and other office equipment and transportation for clients (if needed). Additionally, these funds may be used to secure or expand office space. Implementation funds are also needed for program staff to recruit, hire, and train personnel and will be used to develop initial program outreach strategies to get this program up and running. These start-up costs will be expended in the first quarter of FY 06-07 between July 1, 2006 - September 30, 2006.<br><br>One-time CSS funding for potential training on evidence-based practice such as "Incredible Years". This amount was based upon our research into the cost of this specific training for this program and the number of staff associated with it. These start-up costs are targeted for expenditure beginning in the first quarter of FY 06-07 between July 1, 2006 - September 30, 2006 and will continue into FY 07-08. The staff will turn in module 2 approximately one year from their first training session. The cost includes training for 3 staff and resource materials for two groups of 12 parents and 4 child groups of 6. Expenses include travel, lodging, food (per diem), transportation and training materials. |
|               | \$34,615      |  |
|               | \$112,038     |  |
| D             | \$446,653     | Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.  |

[illegible]

**EXHIBIT 5b--Mental Health Services Act Community Services and Supports Staffing Detail Worksheet**

|  |  |
|--|--|
| County(ies): <u>San Diego</u>  | Fiscal Year: <u>FY 07-08</u>                 |
| Program Workplan #: <u>CY-6</u>                                      | Date: <u>2/28/06</u>                         |
| Program Workplan Name: <u>Early Childhood Mental Health Services</u> | Page: <u>5 of 6</u>                          |
| Type of Funding: <u>2. System Development</u>                        | Months of Operation: <u>12</u>               |
| Proposed Total Client Capacity of Program/Service: <u>55</u>         | New Program/Service or Expansion: <u>New</u> |
| Existing Client Capacity of Program/Service: <u>0</u>                | Prepared by: <u>Michelle Peterson</u>        |
| Client Capacity of Program/Service Expanded through MHSA: <u>55</u>  | Telephone Number: <u>(619) 563-2715</u>      |

| Classification                          | Function  | Client, FM & CG FTEs <sup>a/</sup>                                   | Total Number of FTEs | Salary, Wages and Overtime per FTE <sup>b/</sup> | Total Salaries, Wages and Overtime |
|---|---|--|----------------------|--|------------------------------------|
| <b>A. Current Existing Positions</b>    |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
| <b>Total Current Existing Positions</b> |   | 0.00   | 0.00                 |  | \$0                                |
| <b>B. New Additional Positions</b>      | Mental Health Clinician, Licensed-Bilingual   | Provides Mental Health Services                                      | 1.00                 |  | \$0                                |
|   | Mental Health Clinician, License Eligible   | Provides Mental Health Services                                      | 1.50                 |  | \$0                                |
|   | Clerical & Other Support Staff  | Provides Clerical Support  | 0.50                 |  | \$0                                |
|   | Psychiatrist  | Psychiatric consultation and medication monitoring/support if needed | ~5-6 hrs/mo          |  | \$0                                |
|   | Please note the psychiatrist may be hired as a staff position or as a consultant which would be listed under professional services operating expenditures. These staff positions are a likely profile for this workplan. However, the contractor shall propose the specific staffing for this program to best meet the program goals. |  |                      |  |                                    |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
|   |   |  |                      |  | \$0                                |
| <b>Total New Additional Positions</b>   |   | 0.00   | 3.00                 |  | \$0                                |
| <b>C. Total Program Positions</b>       |   | 0.00   | 3.00                 |  | \$0                                |

a/ Enter the number of FTE positions that will be staffed with clients, family members or caregivers.  
b/ Include any bi-lingual pay supplements (if applicable). Round each amount to the nearest whole dollar.

## Mental Health Services Act CSS Budget Narrative

County(ies): San Diego

Fiscal Year: 2007-08

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Program Workplan #: CY-6

Date: 02/28/06

Program Workplan Name: Early Childhood Mental Health Services

Type of Funding: 2. System Development

New Program/Service or Expansion: New

| <u>Line #</u> | <u>Amount</u> | <u>Description / Justification</u>  |
|---------------|---------------|---|
| A.5           | \$330,000     | Estimated Total Expenditures (when service provider is not known) were derived by calculating the average cost per client for intensive outpatient services among existing providers from FY 2005-06 budgets times the number of clients expected to be served in the fiscal year. Staffing for this program is based upon optimum staff to client ratios with approximately 60-70% of the total costs allocated for staff salaries and benefits. This budget is for 12 months from July 1, 2007 - June 30, 2008. |
| B.2.a         | \$16,500      | If applicable, new revenues were estimated for EPSDT Medi-Cal (FFP only) given the estimated number of clients and services expected to be Medi-Cal eligible.   |
| B.2.c         | \$13,500      | If applicable, new revenues were estimated for EPSDT Medi-Cal (State General Fund) given the estimated number of clients and services expected to be Medi-Cal eligible.   |
| B.2.e         | \$30,000      | Total New Revenue is the total EPSDT Medi-Cal revenue including the FFP and State General Fund portion.   |
| B.3           | \$30,000      | Total Revenues is the sum of all new (B.2.e) and existing revenue (B.1.h).  |
| D             | \$300,000     | Total Funding Requirements equals the total proposed program budget less total revenues plus one-time CSS funding expenditures.   |